



Recreational Activities and Work Values of Coastal Women for Development of Economic Enhancement Program

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Abstract

This study sought to determine and analyse the coastal women's recreational activities and level of work values and to find out what variables were such recreational activities and work values related with the end in view of helping local officials create a Recreational Program that will enable the women to earn while enjoying their leisure hours and become productive. The study made use of qualitative and quantitative data and descriptive correlation that looked into the relationship between the women's work values, and their recreational activities. Three hundred seventy eight coastal women in the nineteen barangays of Lingayen, Pangasinan, Philippines, aged 20 years and above were chosen at random. Data were gathered via questionnaire and analysed using frequency counts and percentage, ANOVA and Chi-square test. The study focused on the following that the Coastal Women: Have little involvement in meaningful recreational activities along social, religion, arts and crafts, creative and other related activities Have engaged or were involved in different recreational activities Have possessed high sense of responsibility toward work- have high level of work values That their work values were dependent on their recreational activities

Keywords: Recreational Activities, work values, coastal women, social activities, religious activities, arts and crafts, creative activities

Introduction

Lingayen is one of the coastal towns in the province of Pangasinan, Philippines. According to the 2015 census, it has a population of 103, 278 people. Agriculture, livestock, and fishing are the major industries in the town. Other major industries include making world-class bagoong and bocayo, vinegar, furniture, crafts made of bamboo and shingles made of nipa.(<http://en.m.wikipedia.org>)

The economic condition of the town has improved because people in this town are generally hardworking and industrious. However, poverty still exists in the coastal barangays. Men are trying hard to improve their economic condition; however, some of the coastal women are not supportive of them. A number of these coastal women spend their leisure hours by playing cards and bingo. Former provincial board member, Von Mark Mendoza concluded that a good recreational program is necessary to teach the women how to engage in meaningful recreational activities after doing their household chores.

Eldo Cruz, a barangay captain of one of the coastal barangays noticed that a number of women spend their extra hours by exchanging pleasantries with other women in their neighbourhood. Lingayen Mayor Josefina Castaneda said that these women can be of great help to their husbands by engaging in hog and poultry raising, vegetable gardening and helping them in the preparation of fishing apparatus like mending the fishing nets. She said that at present, the recreational activities for women are not yet well-organized and properly chosen. She believes that meaningful recreational activities of women may increase their work values.

Undoubtedly, recreation is one of the various family functions. According to Seroy(2013), if this function is properly observed, it can instil in the minds of the women the values of sportsmanship, physical fitness and kind understanding. A physical-able person possesses a healthy mind which is an essential prerequisite for achieving fame and greatness in any kind of endeavour that women would like to pursue. In addition, the recreational activities of parents are bound to be carefully watched by children. The worker image of a mother is easily absorbed if the children see their working mothers doing play or leisure time activities meaningfully, they tend to follow the latter's recreational interests.

Aware of the important role of women in economic development, the government thru Republic Act 1161 known as Social Security Law, has provided maternity leave benefits of 60 days but later revised by the senate thru Senate Bill 1305 extending it to 78-day maternity leave for women workers (sunstar.com.ph).

Recreation is interpreted in many different ways depending upon the experience and interests of the individual. Women's recreational activities are family centered. Some of them prefer to spend their extra hours by crocheting, embroidery, engaging in vegetables gardening or hog raising instead of going to picnic or seeing movies.

Hurlock(1975), noticed these recreational interests of women as reflected in the following statement:

Women's recreational interests are generally home-oriented. Their leisure time activities are affected by their roles as wives and mothers. Hurlock's statement is a clear indication that recreational is not only confined to amusements.

Butler, as cited by Paraiso(2014), averred that the arts and crafts works are also considered recreational activities because they have always been important sources of satisfaction to the individual. Arts and crafts, like creative works, have other values derived from an individual aside from the process of just making things. These values have to do with the developing appreciation and recognition for beauty in well-designed objects. This knowledge and feeling toward good design and workmanship can help enrich personal lives, home settings and the community as a whole.

It is important that a woman knows how to spend her extra hours in gainful activities. Through meaningful recreational activities, the women, too, may gain knowledge on how to work effectively and become an active member of the family.

The recreational activities of the women in the coastal barangays do not necessarily supplant their work responsibilities at home, but rather enhance and supplement them in that they can become sources of additional income. It is hoped that their engaging in these worth-while activities will pave the way to the economic uplift for the people of Lingayen, Pangasinan, Philippines.

The extent of involvement of women in the coastal barangays of Lingayen, Pangasinan, Philippines in recreational activities and the factors to which said involvement is significantly related will constitute the basic information in the creation of a viable recreational program that will enhance the women's work values; thus, this study.

Materials and Methods

This study was a descriptive survey aimed at describing the recreational activities and determining the work values of the women in the coastal barangays of Lingayen, Pangasinan, Philippines.

Data were gathered using the questionnaire which was in two parts. Part I elicited data on the information about the women's recreational activities in five dimensions namely: social, religious, arts and crafts, creative and other-related activities. Part II dealt with the respondents' level of work values, economic, relations with the family and means of coping with problems and needs.

Respondents were the 378 coastal women in the 19 barangays of Lingayen, Pangasinan, Philippines aged 20 years and above and were chosen at random.

Simple frequency counts were converted into weighted points for all items under part I and II of the questionnaires. The chi-square test was employed and the .05 level of significance was used as criterion for the interpretation of findings.

Results and Discussion

Women in Coastal Areas’ Recreational Activities in General

Statistical data gathered from the women in coastal barangays, which are summarized in Table 1, indicated that they *seldom* engage in recreational activities as shown in their average weighted mean of .80.

Table 1. Extent of the Women’s Involvement in Recreational Activities

Recreational Activities	Average Weighted Point	Descriptive Equivalent
Social	0.78	S
Religious	0.71	S
Arts and Crafts	0.32	S
Creative	1.12	S
Other Related Activities	1.09	S
Over-all Average Weighted Point	0.8	S

N = 378

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

It can be noted from Table 1 that the respondents *seldom* engage in social, religious, creative and other related activities, their weighted means being .78; .71; 1.12 and 1.09, respectively. They claimed that they *never* engage in arts and crafts activities after doing their household chores as pointed out by their weighted mean of .32.

The *seldom* response of the coastal women meant that generally, they only engage in recreational activities at least once a month. This is a clear indication that the women in coastal areas are not active in recreational activities, perhaps, because of the absence of a well-designed barangay recreational program which may enable them to engage in activities that will ease their tension and feeling of boredom and loneliness after doing their prime duties at home.

Women in Coastal Barangays' Recreational Activities in Five Areas

Social Activities of the Women

Table 2 shows that the respondents *seldom* engage in their social activities as pointed out by their overall weighted point of .78. It could be gleaned that the subject-cases *occasionally* engage in item 3 (viewing television program), their mean being 1.84; item 4 (listening to radio drama) with mean of 1.54; and item 5 (listening to music) with mean of 1.95.

Table 2. Extent of Women's Involvement in Social Activities

Item No.	Scale Value				Average Weighted Point	Descriptive Equivalent
	4	3	2	1		
1	100	27	52	117	0.78	S
2	88	66	128	125	1.08	S
3	212	186	182	116	1.84	Oc
4	256	114	126	87	1.54	Oc
5	328	165	152	92	1.95	Oc
6	104	78	174	147	1.33	S
7	28	18	20	23	0.23	N
8	8	3	12	15	0.1	N
9	24	12	18	28	0.22	N
10	4	12	28	67	0.29	N
11	16	9	16	41	0.22	N
12	24	21	60	128	0.62	S
13	12	12	12	18	0.14	N
14	40	24	44	64	0.45	N
15	24	12	126	167	0.87	S
Over-all Average Weighted Mean					0.78	S

N = 378

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

The women *seldom* read comics and magazines (item 2); gossiped with their neighbours (item 6) and attended parties (item 15), their weighted means being

within the range of .50 and 1.49. The *seldom* responses of the women did not necessarily mean that they were not active in the aforementioned activities. Findings further revealed that the subject-cases *never* engage in item 7 (playing bingo), item 8 (playing “sungka”), item 9 (playing cards), item 10 (Attending dance sessions), item 11 (joining singing practice), item 13 (going to cockpit) and item 14 (Engaging in sports), their weighted means being within the range of 0-.49.

Religious Activities of Women

In Table 3, it is apparent that the women in coastal areas *seldom* engage in religious activities with the overall mean of .71.

Table 3. Extent of Women's Involvement in Religious Activities

Item No.	Scale Value				Average Weighted Point	Descriptive Equivalent
	4	3	2	1		
1	88	48	154	110	1.06	S
2	64	45	90	185	1.01	S
3	28	33	94	85	0.63	S
4	28	57	96	89	0.71	S
5	44	27	208	196	1.26	S
6	72	63	156	160	1.19	S
7	36	48	126	63	0.72	S
8	28	39	50	63	0.48	N
9	40	33	118	94	0.75	S
10	72	63	112	105	0.93	S
11	8	18	66	61	0.4	N
12	8	18	66	62	0.41	N
13	40	12	20	30	0.27	N
14	16	21	126	123	0.76	S
15	36	39	92	85	0.67	S
16	36	15	44	31	0.33	N
17	60	21	48	46	0.46	N
Over-all Average Weighted Mean					0.71	S

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

The subject-cases *seldom* engage in 11 of the 17 items under the religious activities as pointed out by their means which were within the range of .50 and 1.49. These are: item 1 (Pray with neighbours); item 2 (Preach the “Good News”; item 3 (Clean and adorn the chapel); item 4 (Help the religious leaders in the distribution of goods for the indigents); item 5 (Join the religious leaders in visiting and taking care of the sick); item 6 (Give advice to the people who have problems); item 7 (Help in the progress of the church in the barangay); item 9 (Help religious leaders attend to the need of the needy); item 10(Visit the aged in the community); item 14(Attend birthdays and other religious occasions); and item 15(Encourage others to attend mass, religious gatherings or bible services)

Arts and Crafts Activities of the Women

Table 4 shows the arts and crafts activities of women in coastal barangays. The subject-cases *never* engage in arts and crafts activities with an overall weighted mean of .32.

Table 4. Extent of Women's Involvement in Arts and Crafts Activities

Item No.	Scale Value				Average Weighted Point	Descriptive Equivalent
	4	3	2	1		
1	8	15	8	23	0.14	N
2	8	18	26	10	0.16	N
3	8	9	16	8	0.11	N
4	12	24	46	39	0.32	N
5	20	30	72	63	0.49	N
6	12	24	38	24	0.26	N
7	8	21	22	21	0.19	N
8	16	18	28	21	0.22	N
9	4	21	24	29	0.21	N
10	8	18	12	13	0.13	N
11	12	9	22	18	0.16	N
12	124	114	150	86	1.25	S
13	24	48	90	56	0.58	S
14	16	39	14	16	0.22	N
15	68	72	64	69	0.72	S
16	8	12	22	9	0.13	N
17	8	21	30	25	0.22	N
18	24	18	28	23	0.25	N
Over-all Average Weighted Mean					0.32	N

Legend:

- 0 - .49 Never (N)
- .50 - 1.49 Seldom (S)
- 1.50 – 2.49 Occasionally (Oc)
- 2.50 – 3.49 Often (O)
- 3.50 – 4.49 Always (A)

Of the 18 activities under the arts and crafts dimension, the women claimed that they *seldom* engage in item12 (Sewing baby dresses); item 13(Toy making); and item 15(Nipa shingle making) as shown by their means of 1.25, .58 and .72, respectively. They claimed that they were *never* engage in the rest of the arts and crafts activities.

Creative Activities of the Women

It can be noted from Table 5 that the respondents *seldom* engage in creative activities as shown by their mean of 1.12.

Table 5. Extent of Women's Involvement in Creative Activities

Item No.	Scale Value				Average Weighted Point	Descriptive Equivalent
	4	3	2	1		
1	12	36	78	37	0.43	N
2	32	60	70	48	0.55	S
3	20	66	84	73	0.64	S
4	32	51	102	72	0.68	S
5	196	141	190	74	1.59	Oc
6	312	213	148	85	2.00	Oc
7	72	84	104	77	0.89	S
8	240	255	176	79	1.98	Oc
9	164	114	162	75	1.36	S
Over-all Average Weighted Mean					1.12	S

Legend:

- 0 - .49 Never (N)
- .50 - 1.49 Seldom (S)
- 1.50 – 2.49 Occasionally (Oc)
- 2.50 – 3.49 Often (O)
- 3.50 – 4.49 Always (A)

It is noteworthy that women *occasionally* engage in item 5(House decorating); item 6(Repairing house damages); and item 8(Sewing torn clothes) their weighted means being 1.59, 2.00 and 1.98 respectively.

The respondents *seldom* engage in item 2(Hair styling) with mean of .55; item 3(Crocheting) with mean of .64; item 4(Embroidery) with mean of .68; item 7(Dress designing) with mean of .89 and lastly, item 9 (Recycling old and worn-out materials) with mean of 1.36.

Other Related Activities of the Coastal Women

Respondents *seldom* engaged in other-related activities with an average weighted mean of 1.09 as presented in Table 6.

Table 6. Extent of Women's Involvement in Other-Related Activities

Item No.	Scale Value				Average Weighted Point	Descriptive Equivalent
	4	3	2	1		
1	308	222	156	61	1.98	Oc
2	228	144	86	52	1.35	S
3	260	189	100	51	1.59	Oc
4	76	105	108	79	.97	S
5	88	108	94	86	.99	S
6	64	87	158	126	1.15	S
7	36	45	80	65	.60	S
8	120	78	78	31	.80	S
9	68	48	20	18	.41	N
Over-all Average Weighted Mean					1.09	S

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

It can be observed from the Table that the respondents *occasionally* engage in item1 (Taking care of plants); and item 3(Engaging in poultry or duck raising) as shown by their weighted mean of 1.98 and 1.59, respectively. They were however, found to be *seldom* engage in item 2(Engaging in piggery); item 4(Hook and line fishing); item 5 (Fish and vegetable vending); item 6(Fish preservation; and item 8(Running a store), their means being within the range of .50 and 1.49. They *never* engage in money lending.

Level of Women's Work Values in the Four Dimensions

The data in Table 7 show that in general, the respondents were on a *high* level on matters pertaining to their relations with the family as pointed out by their weighted mean of 2.83 and *agree* response.

Table 7. Level of Coastal Women's Work Value

Work Values	Average Weighted Point	Descriptive Equivalent	Level
Social	2.7	A	High
Economic	2.9	A	High
Relations with the Family	2.83	A	High
Means to Cope with Problems and Needs	2.4	Sa	High
Over-all Average Weighted Point	2.71	A	High

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

A glance at the table would show that the respondents expressed their agreement to all items as shown by their weighted means which were within the range of 2.50 and 3.49. These were equivalent to *high* in the scale.

Level of Women's Social Values

Generally, the women had *sound* values with a weighted mean of 2.70.

Table 8. Level of Women's Social Values

Item No.	Scale Value				Average Weighted Point	Descriptive Equivalent	Level
	4	3	2	1			
1	416	420	90	31	2.54	A	High
2	488	432	72	41	2.73	A	High
3	336	348	98	56	2.22	Sa	Moderate
4	308	366	108	50	2.20	Sa	Moderate
5	484	468	82	24	2.80	A	High
6	500	438	76	25	2.75	A	High
7	668	411	54	27	3.07	A	High
8	564	483	74	14	3	A	High

9	436	477	88	31	2.73	A	High
10	320	399	120	54	2.36	Sa	Moderate
11	396	471	118	25	2.67	A	High
12	532	462	86	18	2.9	A	High
13	492	450	94	27	2.81	A	High
14	348	660	118	26	3.05	A	High
15	528	489	72	22	2.94	A	High
16	452	474	82	36	2.76	A	High
17	372	408	104	38	2.44	Sa	Moderate
Over-all Average Weighted Mean 2.7						A	High

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

It can be gleaned in Table 8 that the women expressed their agreement to item 1 (Helps voluntarily for the progress of the community); item 2 (Teaches others how to work effectively; item 5 (Attends seminars that can improve knowledge and skills toward work); item 6 (Reads magazines that can teach how to work effectively); item 7(Obeys the teachings or the older folks regarding work; item 8 (Cooperates for others for the good of the majority); item 9 (Works happily with neighbours); item 11(Learns how to work effectively with others); item 12 (Works even without monetary remuneration if it o=is for the needy); item 13 (Can work well even with those of different religious beliefs); item 14(Interested to work and gain more friends); item 15 (Can work well with those with “pakikisama”); and item 16 (Works well even without supervision if it is for the good of the society), their weighted means being within the range of 2.50 and 3.49.

Level of Women's Economic Values

The women had a *high* level of economic values as shown by their *agree* responses with an over-all weighted mean of 2.90 as reflected in Table 9.

Table 9. Level of Women's Economic Values

Item No.	Scale Value				Average Weighted Point	Descriptive	Equivalent Level
	4	3	2	1			
1	452	441	98	32	2.71	A	High
2	540	348	94	30	2.68	A	High

3	312	396	164	38	2.41	Sa	Moderate
4	556	417	98	16	2.87	A	High
5	100	399	56	9	3.08	A	High
6	716	396	50	10	3.10	A	High
7	512	543	50	17	2.97	A	High
8	636	459	72	17	3.13	A	High
9	488	477	78	25	2.82	A	High
10	688	414	66	19	3.09	A	High
11	636	447	64	15	3.07	A	High
12	440	435	98	35	2.67	A	High
13	588	477	60	17	3.02	A	High
14	632	444	52	18	3.03	A	High
Over-all Average Weighted Mean 2.90						A	High

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

The respondents were on a *high* level in item 1 (Women have the responsibility to work like men); item 2 (One must not wait for tomorrow to do what can be done today); item 4 (Children should be taught now to work hard to attain progress); item 5 (Be patient in planting fruit trees to add to family income); item 6 (It is good to unite and cooperate to finish a certain work faster); item 7 (If At first, one's work was not successful, he has to repeat until it is done perfectly); item 8(There must be a careful planning before starting a certain task); item 9 (One must have the interest in doing a certain task); item 10 (Working tools should be used properly) item 11 (One must not be wasteful in the use of materials).

Level of Women's Work Values on Matters Pertaining to Their Relations with the Family

Table 10. Level of Women's Work Values on Relations with the Family

Item No.	Scale Value				Average Weighted Point	Descriptive Equivalent	Level
	4	3	2	1			
1	144	345	52	15	3.06	A	High
2	544	315	106	38	2.66	A	High
3	716	294	48	18	2.84	A	High

4	720	333	54	32	3.01	A	High
5	308	558	94	40	2.64	A	High
6	572	384	70	33	2.80	A	High
7	524	429	66	27	2.77	A	High
Over-all Average Weighted Mean 2.90						A	High

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

Table 10 shows that the respondents were on a *high* level on matters pertaining to their relations with the family as pointed out by their weighted mean of 2.83 and *agree* response. The Table also shows that the respondents expressed their agreement to all items as shown by their weighted means which were within the range of 2.5 and 3.49. These were equivalent to *high* in the scale.

Level of Women's Work Values on Means to Cope with Their Problems and Needs

In Table 11, the women were found to be on *moderate* level only as shown by their *slightly agree* response and weighted point of 2.40.

Table 11. Level of Women's Work Values on Means of Coping with their Problems and Needs

Item No.	Scale Value				Average Weighted Point	Descriptive	Equivalent Level
	4	3	2	1			
1	364	378	148	42	2.46	Sa	Moderate
2	328	390	144	44	2.40	Sa	Moderate
3	268	465	122	46	2.38	Sa	Moderate
4	296	426	122	56	2.38	Sa	Moderate
5	324	420	108	40	2.36	Sa	Moderate
Over-all Average Weighted Mean 2.90						Sa	Moderate

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

When asked if working harder was one way of forgetting problems and sad experiences, the women expressed their slight agreement. They likewise, slightly agreed to items "Works well if not dictated by others," "Works in place where there is a challenge to learn and advance ideas regarding work," and "Works well with happy and optimistic people".

Relationship Between the Coastal Women's Recreational Activities and Work Values

Relationship of Women's Social Activities to Work Values

Table 12. Relationship of Coastal Women's Activities and Work Values

Work Values	Chi-Square	Relationship
<i>A. ON SOCIAL ACTIVITIES</i>		
Social	21.427	S
Economic	26.671	S
Relations with the Family	17.945	S
Means to Cope with Problems and Needs	18.047	S
<i>B. ON RELIGIOUS ACTIVITIES</i>		
Social	20.701	S
Economic	20.682	S
Relations with the Family	31.41	S
Means to Cope with Problems and Needs	10.07	NS
<i>C. ON ARTS AND CRAFTS</i>		
Social	19.536	S
Economic	24.181	S
Relations with the Family	26.933	S
Means to Cope with Problems and Needs	17.525	S
<i>D. ON CREATIVE ACTIVITIES</i>		
Social	28.462	S
Economic	15.597	S
Relations with the Family	21.096	S
Means to Cope with Problems and Needs	11.806	NS
<i>E. ON OTHER-RELATED ACTIVITIES</i>		
Social	2.911	NS
Economic	3.381	NS
Relations with the Family	27.792	S
Means to Cope with Problems and Needs	23.187	S

Legend:

0 - .49 Never (N)

.50 - 1.49 Seldom (S)

1.50 – 2.49 Occasionally (Oc)

2.50 – 3.49 Often (O)

3.50 – 4.49 Always (A)

It can be noted from Table 12, that social values, economic, relations with their families and their work values specifically on matters pertaining to their means of coping with problems and needs were significantly related to the Women's social activities. These were shown by the computed chi-square values of 2.427, 26.671, 17, 945 and 18.047, respectively. Such values are greater than the table values of 15.51 at df 8 at the .05 level of significance.

Relationship of Women's Religious Activities to Work Values

Social values, economic values and relations with the family on the one hand and the women's religious activities on the other hand had marked relationships, the chi-square values at df 8, being 20.701, 20.682 and 31.410, respectively. Such values are greater than the table values of 15.51 at df 8 at the .05 level of significance.

Relationship of Women's Arts and Crafts Activities to Work Values

From Table 12, it is apparent that social values, economic values, relations with the family, and women's means of coping with problems and needs showed marked relationship to their arts and crafts activities, the chi-square values being 19.536, 24.181, 26.933 and 17.525, respectively. Such values are greater than the table values of 15.51 at df 8 at the .05 level of significance.

Relationship of Women's Creative Activities to Work Values

Table 12 shows that significant relationship existed between the social values, economic values, relations with the family, and women's means of coping with problems and needs and their arts and crafts activities, the chi-square values being 28.462, 15.597, and 21.096, respectively. Such values are greater than the table values of 15.51 at df 8 at the .05 level of significance.

Relationship of Women's Other-Related Activities to Work Values

The data on Table 12 revealed that social and economic values did not relate significantly to the respondents' other-related activities, their chi-square values being 2.911 and 3.381, respectively. These were less than the tabled value at df 8, at .05 level of significance.

Significant relationship however, existed between the women's relations with the family and means of coping with problems and needs on the one hand and work values on the other hand. This was shown by the chi-square values of 15.51 at df 8, at .05.

Conclusions

In conclusion, the women in coastal barangays of Lingayen, Pangasinan, Philippines generally have little involvement in meaningful recreational activities, however, they engaged in various recreational activities of coastal women vary. Further, women in coastal barangays possess a high sense of responsibility toward work. It can be concluded further that work values of coastal women are dependent on their recreational activities.

References

A. Book

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